

THE MARRIAGE FOUNDATION CONTINUED:

**ROMANCE**

\_\_\_ \_\_\_ Negative or unrealistic pre-conceptions develop dysfunctional shortfalls and expectations for intimacy and sex.

\_\_\_ \_\_\_ Affection must permeate our lifestyle. Physical touch, verbal encouragement, and caring body language are all critical.

*Here are several key expressions of romance:*

\_\_\_ \_\_\_ He or she is interested in things that are important to me.

\_\_\_ \_\_\_ He or she is a willing participator in the mutual responsibilities of our life together.

\_\_\_ \_\_\_ He or she is physically affectionate and initiates non-sexual contact, offering me affection and emotional support when I need it.

\_\_\_ \_\_\_ We have a satisfying and growing physical relationship, taking care to not let our intimacy be consumed by selfishness, bad habits or disproportionate life demands.

\_\_\_ \_\_\_ Bitterness, feeling sorry for myself, and an out of control temper are in check in our lives together.

**PLANNING**

\_\_\_ \_\_\_ We know and share our goals, taking the time to check signals and make plans.

\_\_\_ \_\_\_ We consult and communicate on important decisions that we make.

\_\_\_ \_\_\_ We actively plan activities and experiences that maximize both of our strengths and minimize our weaknesses.

\_\_\_ \_\_\_ We have a system and "appointed times" for recording our memories and reflecting upon our milestones.

**ONENESS**

\_\_\_ \_\_\_ I embrace the concept of independent responsibility for my personal spiritual welfare.

\_\_\_ \_\_\_ I contribute to experiencing a living, spiritual, mutual exchange.

\_\_\_ \_\_\_ We are facing and negotiating the difficulties of living by one another's past and present decisions/challenges.

\_\_\_ \_\_\_ The fear factor in angry issues (broken trust and respect) is under control in our lives.

\_\_\_ \_\_\_ The arrogance factor in angry issues (lack of compassionate love) is under control in our lives.