

Date \_\_\_\_\_

As we look to the future it is profitable to establish short and long-term marital goals, taking into account significant areas of marriage need. The following checklist is given as a sounding board with which to isolate pertinent issues. Both partners should indicate their own choices and come together to define perceptions. This exercise is something that can be done periodically throughout the various stages of a marriage!

**MY CHOICES:**

**MY PARTNER'S CHOICES:**

- \_\_\_ Accomplishments and qualities to be verbalized \_\_\_
- \_\_\_ Cultivating mutual interests and learning one another's interests \_\_\_
- \_\_\_ Friendship building strategies between spouses \_\_\_
  - \_\_\_ Satisfying needs for intimacy \_\_\_
  - \_\_\_ Approaching no talk issues \_\_\_
- \_\_\_ Destructive individual patterns to correct \_\_\_
- \_\_\_ Destructive partner patterns to correct \_\_\_
- \_\_\_ Constructive patterns to encourage \_\_\_
- \_\_\_ The need for individual counseling in areas where we are stuck \_\_\_
- \_\_\_ The need for marriage counseling in areas where we are stuck \_\_\_
- \_\_\_ Values that need to be strengthened in our marriage \_\_\_
- \_\_\_ Financial expectations, communication, and patterns that affect us \_\_\_
- \_\_\_ Specific decisions that need to be made (our process) \_\_\_
- \_\_\_ Friendship building strategies with others that can encourage our marriage \_\_\_

A marriage is never static. Issues from within and without cause needs in a marital relationship to continually modify and sometimes even change. We must not lose our composure or be surprised at our difficulties, but press on to maturity in marriage!

**Based upon the above areas of measurable goals, over the next few months in our marriage we purpose to:**

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