

HOW DO I “BUY BACK” MINUTES, HOURS, AND DAYS?

(Ephesians 5:13-21)

Here are a few “talk abouts” when it comes to making the most out of your life.

Avoid being **spiritually lazy**.

What does God-initiative really look like?

Learn to be an **industrious** person.

Why do industrious people succeed?

Be **informed** about the things that are really important.

What are the really important things?

Avoid being **stuck on yourself**.

What does this look like?

Apologize when you recognize/become aware you were wrong.

Is this easy or hard to do?

Cultivate your ability to reflect.

What creates conditions to be reflective?

Cultivate your ability to **plan ahead**.

How does a person do this and why is it important?

Recognize and take hold of **opportunities**.

How does a person do this?

Take care to bless others with **your words**.

What does this look like?

Use **Sundays** (day of rest) to look back on your week and look forward to the week to come.

This really works (if you take even 30 minutes each week).