## **INSIDE STRENGTH**



God builds us from the inside out. Here are a few of the internal pursuits which help us to become men and women of substance. It is a good self-consideration in the midst of your journey, and helps define who we are becoming as God's man or woman!

- How do you evaluate your reputation as a Christ-follower among believers? Are you a man of your word? Dissatisfied 1 2 3 4 5 6 7 Satisfied
  How do you evaluate your overall relationship with your wife? If you are not married how well are you handling your sexual and companionship needs and desires? Dissatisfied 1 2 3 4 5 6 7 Satisfied
  What kind of overall perspective do you have on your spiritual life? Have you developed a manuard abilacement of life? Description of the provide the provided the provided
- 3. What kind of overall perspective do you have on your spiritual life? Have you developed a measured philosophy of life? Does it reflect TEMPERANCE? Are you calm? Do you rule yourself? Dissatisfied 1 2 3 4 5 6 7 Satisfied
- 4. Are you SENSIBLE? Do you exercise common sense and biblical principles with your time, talents, and treasures? Dissatisfied 1 2 3 4 5 6 7 Satisfied
- 5. Are you RESPECTABLE? Do you have a well-adjusted life, adorning the Word of God? In what areas are you a mess? Dissatisfied 1 2 3 4 5 6 7 Satisfied
- 6. Are you HOSPITABLE? Do you use your home as a means to show kindness to other members of the body of Christ and unbelievers? Are you friendly? Do you use your resources for the benefit of others? Dissatisfied 1 2 3 4 5 6 7 Satisfied
- 7. Are you ABLE TO TEACH? Do you have that quality of life that enables you to communicate the Word of God to others in a non-argumentative, clear manner? Dissatisfied 1 2 3 4 5 6 7 Satisfied
- Are you ADDICTED TO ANYTHING THAT IS CONTROLLING YOUR LIFE? Are you doing anything that is causing a weaker Christ-follower to stumble and sin against God (screen, porn, drugs, alcohol, food, etc.)? Dissatisfied 1 2 3 4 5 6 7 Satisfied
- 9. Are you SELF-WILLED? Do you always have to have your own way? Do you pout? Dissatisfied 1 2 3 4 5 6 7 Satisfied
- 10. Are you CONTENTIOUS? Do you purposely take the opposite point of view from others, stirring up arguments and destroying the unity in the group? Or, are you a peacemaker, striving to create harmony and unity?

Dissatisfied 1 2 3 4 5 6 7 Satisfied

11. Are you a MILD-MANNERED and GENTLE person, reflecting meekness, forbearance and kindness?

Dissatisfied 1 2 3 4 5 6 7 Satisfied