

Family: Measurable Goals

Date _____

As we look to the future it is helpful to establish short and long-term family goals that are measurable and attainable. Here are some areas you may wish to address in your planning. Which items focus on the current condition of your family? Partners should accomplish this together, taking care to talk through indicators in the most obvious areas. Use this checklist as a sounding board to isolate pertinent issues. Narrow your discussion to the two or three most pressing needs.

- ___ Our child learning to be a learner
- ___ Our family atmosphere of acceptance
- ___ To be accepting of others different from ourselves
- ___ Physical and sexual education about our bodies
- ___ To learn self-discipline and personal responsibility
- ___ To develop confidence in achieving goals
- ___ To learn where my rights end and another's begin
- ___ To learn forgiveness
- ___ To learn sharing
- ___ To develop listening skills
- ___ To be allowed to hope and to dream
- ___ To be exposed to controlled experimentation
- ___ Having room to fail
- ___ Having room to grow
- ___ Learning respect for authority
- ___ An awareness of the spiritual dimensions of life
- ___ How to be a good friend to others
- ___ To experience the family as a refuge
- ___ A good spectrum of exposure to various interests and experiences

Over the next few months in our family life we purpose to:
