

Date _____

As we look to the future it is profitable to establish short and long-term marital goals, taking into account significant areas of marriage need. The following checklist is given as a sounding board with which to identify pertinent issues and celebrate growth in oneness. Both partners should indicate their own choices and come together to define perceptions. This exercise is something that can be done periodically throughout the various stages of a marriage!

MY CHOICES:

MY PARTNER'S CHOICES:

- ___ Accomplishments and qualities to be verbalized ___
- ___ Cultivating mutual interests and learning one another's interests ___
- ___ Friendship building strategies between spouses ___
 - ___ Satisfying needs for intimacy ___
 - ___ Approaching no talk issues ___
- ___ Destructive individual patterns to correct ___
- ___ Destructive partner patterns to correct ___
- ___ Constructive patterns to encourage ___
- ___ The need for individual counseling in areas where we are stuck ___
- ___ The need for marriage counseling in areas where we are stuck ___
- ___ Values which need to be strengthened in our marriage ___
- ___ Financial expectations, communication, and patterns that affect us ___
- ___ Specific decisions that need to be made (our process) ___
- ___ Friendship building strategies with others that can encourage our marriage ___

A marriage is never static. Issues from within and without cause needs in a marital relationship to continually modify and sometimes even change. We must not lose our composure or be surprised at our difficulties, but press on to maturity in marriage!

Based upon the above areas of measurable goals, over the next few months in our marriage we purpose to:
